

Comment Bank Code List - Custom Selection

19/04/2022

ID	Preview	Category1
110	In a safe and supported environment, I respond meaningfully to communication from peers and adults.	EN Communicating
120	In familiar settings, I communicate with peers and adults.	EN Communicating
121	I talk and listen to people I know.	EN Communicating
122	I can communicate for a purpose.	EN Communicating
123	I can understand and share basic information about topics that are important to me, and answer simple, direct questions about my activities and experiences.	EN Communicating
130	I communicate purposefully, using forms and strategies I have practiced.	EN Communicating
131	I participate in conversations for a variety of purposes (e.g., to connect, help, be friendly, learn and share).	EN Communicating
132	I listen and respond to others.	EN Communicating
133	I can consider my purpose when I am choosing a form and content.	EN Communicating
134	I can communicate clearly about topics I know and understand well, using forms and strategies I have practiced.	EN Communicating
135	I gather the basic information I need and present it.	EN Communicating
140	I communicate clearly and purposefully, using a variety of forms appropriately.	EN Communicating
141	I share my ideas and try to connect them with others' ideas.	EN Communicating
142	I am an active listener – I make connections and ask clarifying and extending questions when appropriate.	EN Communicating
143	I can plan ways to make my message clear and engaging for my audience and create communications that focus on a variety of purposes and audiences.	EN Communicating
144	I acquire the information I need for specific tasks and for my own interests and present it clearly.	EN Communicating
150	I communicate confidently, using forms and strategies that show attention to my audience and purpose.	EN Communicating
151	In discussions and conversations, I am focused and help to build and extend understanding.	EN Communicating
152	I am an engaged listener; I ask thought-provoking questions when appropriate and integrate new information.	EN Communicating
153	I can create a wide range of effective communications that feature powerful images and words, and I identify ways to change my communications to make them effective for different audiences.	EN Communicating
154	I use my understanding of the role and impact of story to engage my audiences in making meaning.	EN Communicating
155	I acquire information about complex and specialized topics from various sources, synthesize it, and present it with thoughtful analysis.	EN Communicating
160	I communicate with intentional impact, in well-constructed forms that are effective in terms of my audience and in relation to my purpose.	EN Communicating
161	I contribute purposefully to discussions and conversations.	EN Communicating
162	I synthesize, deepen, and transform my own and others' thinking.	EN Communicating
163	I can weave multiple messages into my communications; I understand that my audience will use their own knowledge and experiences in making meaning.	EN Communicating

164	I show understanding and control of the forms and technologies I use; I can assess audience response and draw on a repertoire of strategies to increase my intended impact.	EN Communicating
165	I can acquire, critically analyze, and integrate well-chosen information from a range of sources.	EN Communicating
210	In familiar situations, I can participate with others.	EN Collaborating
220	In familiar situations, I cooperate with others for specific purposes.	EN Collaborating
221	I contribute during group activities, cooperate with others, and listen respectfully to their ideas.	EN Collaborating
222	I can work with others for a specific purpose.	EN Collaborating
230	I contribute during group activities with peers and share roles and responsibilities to achieve goals.	EN Collaborating
231	I take on different roles and tasks in the group and work respectfully and safely in our shared space.	EN Collaborating
232	I express my ideas and help others feel comfortable to share theirs so that all voices are included.	EN Collaborating
233	I work with others to achieve a common goal and can evaluate our group processes and results.	EN Collaborating
240	I can confidently interact and build relationships with other group members to further shared goals.	EN Collaborating
241	I can identify and apply roles and strategies to facilitate groupwork.	EN Collaborating
242	I draw on past experiences to negotiate and develop group processes.	EN Collaborating
243	I am an active listener and speaker.	EN Collaborating
244	I share my ideas and try to connect them with others' ideas, I ask clarifying questions and check for understanding when appropriate, and I test my ideas with others and consider their input.	EN Collaborating
245	I help resolve conflicts and challenges as they arise.	EN Collaborating
246	I recognize how my contributions and those of others complement each other.	EN Collaborating
247	I can plan with others and adjust our plan according to the group's purpose.	EN Collaborating
250	I can facilitate group processes and encourage collective responsibility for our progress.	EN Collaborating
251	I play a role in collectively monitoring the progress of the group and adjust my contributions as needed.	EN Collaborating
252	I recognize the interdependence of our roles and draw on these to move us forward.	EN Collaborating
253	I ask thought-provoking questions, integrate new information and various perspectives from others, and think critically about whose voices are missing.	EN Collaborating
254	I can disagree respectfully, and I anticipate potential conflicts and help manage them when they arise.	EN Collaborating
255	I give, receive, and act on constructive feedback in support of our goals, and I can evaluate and revise plans with other group members.	EN Collaborating
260	I can connect my group with other groups and broader networks for various purposes.	EN Collaborating
261	I can step outside of my comfort zone to develop working relationships with unfamiliar groups.	EN Collaborating
262	I develop and coordinate networking partnerships beyond and in service of the group.	EN Collaborating
263	I demonstrate my commitment to the group's purpose by taking on different roles as needed.	EN Collaborating
264	I acknowledge different perspectives and seek out and create space for missing or marginalized voices.	EN Collaborating

265	I summarize key themes to identify commonalities and focus on deepening or transforming our collective thinking and actions.	EN Collaborating
266	I recognize when wisdom and strategies from others are needed and access these to address complex goals.	EN Collaborating
267	I help create connections with other groups or networks to further our common goals and our impact.	EN Collaborating
310	I get ideas when I play.	EN Creative Thinking
311	I get ideas when I use my senses to explore.	EN Creative Thinking
312	My play ideas are fun for me and make me happy.	EN Creative Thinking
313	I make my ideas work or I change what I am doing.	EN Creative Thinking
320	I can get new ideas or build on or combine other people's ideas to create new things within the constraints of a form, a problem, or materials.	EN Creative Thinking
321	I can get new ideas to create new things or solve straightforward problems.	EN Creative Thinking
322	My ideas are fun, entertaining, or useful to me and my peers, and I have a sense of accomplishment.	EN Creative Thinking
323	I can use my imagination to get new ideas of my own, or build on other's ideas, or combine other people's ideas in new ways.	EN Creative Thinking
324	I can usually make my ideas work within the constraints of a given form, problem, or materials if I keep playing with them.	EN Creative Thinking
330	I can get new ideas in areas in which I have an interest and build my skills to make them work.	EN Creative Thinking
331	I generate new ideas as I pursue my interests.	EN Creative Thinking
332	I deliberately learn a lot about something by doing research, talking to others, or practicing, so that I can generate new ideas about it; the ideas often seem to just pop into my head.	EN Creative Thinking
333	I build the skills I need to make my ideas work, and I usually succeed, even if it takes a few tries.	EN Creative Thinking
340	I can get new ideas or reinterpret others' ideas in novel ways.	EN Creative Thinking
341	I get ideas that are new to my peers.	EN Creative Thinking
342	My creative ideas are often a form of self-expression for me.	EN Creative Thinking
343	I have deliberate strategies for quieting my conscious mind (e.g., walking away for a while, doing something relaxing, being deliberately playful), so that I can be more creative.	EN Creative Thinking
344	I use my experiences with various steps and attempts to direct my future work.	EN Creative Thinking
350	I can think "outside the box" to get innovative ideas and persevere to develop them.	EN Creative Thinking
351	I can get new ideas that are innovative, may not have been seen before, and have an impact on my peers or in my community.	EN Creative Thinking
352	I have interests and passions that I pursue over time.	EN Creative Thinking
353	I look for new perspectives, new problems, or new approaches.	EN Creative Thinking
354	I am willing to take significant risks in my thinking in order to generate lots of ideas.	EN Creative Thinking
355	I am willing to accept ambiguity, setbacks, and failure, and I use them to advance the development of my ideas.	EN Creative Thinking
360	I can develop a body of creative work over time in an area of interest or passion.	EN Creative Thinking
361	I can get ideas that are groundbreaking or disruptive and can develop them to form a body of work over time that has an impact in my community or beyond.	EN Creative Thinking
362	I challenge assumptions as a matter of course and have deliberate strategies (e.g., free writing or sketching, meditation, thinking in metaphors and analogies) for getting new ideas intuitively.	EN Creative Thinking

363	I have a strong commitment to a personal aesthetic and values, and the inner motivation to persevere over years if necessary to develop my ideas.	EN Creative Thinking
410	I can explore.	EN Critical & Reflective Thinking
411	I can explore materials and actions.	EN Critical & Reflective Thinking
412	I can show whether I like something or not.	EN Critical & Reflective Thinking
420	I can use evidence to make simple judgments.	EN Critical & Reflective Thinking
421	I can ask questions, make predictions, and use my senses to gather information.	EN Critical & Reflective Thinking
422	I can explore with a purpose in mind and use what I learn.	EN Critical & Reflective Thinking
423	I can tell or show others something about my thinking.	EN Critical & Reflective Thinking
424	I can contribute to and use simple criteria.	EN Critical & Reflective Thinking
425	I can find some evidence and make judgments.	EN Critical & Reflective Thinking
426	I can reflect on my work and experiences and tell others about something I learned.	EN Critical & Reflective Thinking
430	I can ask questions and consider options.	EN Critical & Reflective Thinking
431	I can use my observations, experience, and imagination to draw conclusions and make judgments.	EN Critical & Reflective Thinking
432	I can ask open-ended questions, explore, and gather information.	EN Critical & Reflective Thinking
433	I experiment purposefully to develop options.	EN Critical & Reflective Thinking
434	I can contribute to and use criteria.	EN Critical & Reflective Thinking
435	I use observation, experience, and imagination to draw conclusions, make judgments, and ask new questions.	EN Critical & Reflective Thinking
436	I can describe my thinking and how it is changing.	EN Critical & Reflective Thinking
437	I can establish goals individually and with others.	EN Critical & Reflective Thinking
438	I can connect my learning with my experiences, efforts, and goals.	EN Critical & Reflective Thinking
439	I give and receive constructive feedback.	EN Critical & Reflective Thinking
440	I can gather and combine new evidence with what I already know to develop reasoned conclusions, judgments, or plans.	EN Critical & Reflective Thinking
441	I can use what I know and observe to identify problems and ask questions.	EN Critical & Reflective Thinking
442	I explore and engage with materials and sources.	EN Critical & Reflective Thinking
443	I can develop or adapt criteria, check information, assess my thinking, and develop reasoned conclusions, judgments, or plans.	EN Critical & Reflective Thinking

444	I consider more than one way to proceed and make choices based on my reasoning and what I am trying to do.	EN Critical & Reflective Thinking
445	I can assess my own efforts and experiences and identify new goals.	EN Critical & Reflective Thinking
446	I give, receive, and act on constructive feedback.	EN Critical & Reflective Thinking
450	I can evaluate and use well-chosen evidence to develop interpretations; identify alternatives, perspectives, and implications; and make judgments.	EN Critical & Reflective Thinking
451	I can examine and adjust my thinking.	EN Critical & Reflective Thinking
452	I can ask questions and offer judgments, conclusions, and interpretations supported by evidence I or others have gathered.	EN Critical & Reflective Thinking
453	I am flexible and open-minded; I can explain more than one perspective and consider implications.	EN Critical & Reflective Thinking
454	I can gather, select, evaluate, and synthesize information.	EN Critical & Reflective Thinking
455	I consider alternative approaches and make strategic choices.	EN Critical & Reflective Thinking
456	I take risks and recognize that I may not be immediately successful.	EN Critical & Reflective Thinking
457	I examine my thinking, seek feedback, reassess my work, and adjust.	EN Critical & Reflective Thinking
458	I represent my learning and my goals and connect these with my previous experiences.	EN Critical & Reflective Thinking
459	I accept constructive feedback and use it to move forward.	EN Critical & Reflective Thinking
460	I can examine evidence from various perspectives to analyze and make well-supported judgments about and interpretations of complex issues.	EN Critical & Reflective Thinking
461	I can determine my own framework and criteria for tasks that involve critical thinking.	EN Critical & Reflective Thinking
462	I can compile evidence and draw reasoned conclusions.	EN Critical & Reflective Thinking
463	I consider perspectives that do not fit with my understandings.	EN Critical & Reflective Thinking
464	I am open-minded and patient, taking the time to explore, discover, and understand.	EN Critical & Reflective Thinking
465	I make choices that will help me create my intended impact on an audience or situation.	EN Critical & Reflective Thinking
466	I can place my work and that of others in a broader context.	EN Critical & Reflective Thinking
467	I can connect the results of my inquiries and analyses with action.	EN Critical & Reflective Thinking
468	I can articulate a keen awareness of my strengths, my aspirations and how my experiences and contexts affect my frameworks and criteria.	EN Critical & Reflective Thinking
469	I can offer detailed analysis, using specific terminology, of my progress, work, and goals.	EN Critical & Reflective Thinking
510	I can show a sense of accomplishment and joy, and express some wants, needs, and preferences.	EN Personal Awareness & Responsibility
511	I can sometimes recognize my emotions.	EN Personal Awareness & Responsibility

520	I can initiate actions that bring me joy and satisfaction and recognize that I play a role in my well-being.	EN Personal Awareness & Responsibility
521	I can seek out experiences that make me feel happy and proud.	EN Personal Awareness & Responsibility
522	I can express my wants and needs and celebrate my efforts and accomplishments.	EN Personal Awareness & Responsibility
523	I have some strategies that help me recognize and manage my feelings and emotions.	EN Personal Awareness & Responsibility
524	I recognize and can explain my role in learning activities and explorations, and I can give some evidence of my learning.	EN Personal Awareness & Responsibility
525	I can describe how some specific choices can affect my well-being and participate in activities that support my well-being.	EN Personal Awareness & Responsibility
530	I can make choices that help me meet my wants and needs and increase my feelings of well-being.	EN Personal Awareness & Responsibility
531	I take responsibility for my actions.	EN Personal Awareness & Responsibility
532	I can take action toward meeting my own wants and needs and finding joy and satisfaction, and work toward a goal or solving a problem.	EN Personal Awareness & Responsibility
533	I can use strategies that increase my feeling of well-being and help me manage my feelings and emotions.	EN Personal Awareness & Responsibility
534	I can connect my actions with both positive and negative consequences and try to make adjustments; I accept feedback.	EN Personal Awareness & Responsibility
535	I make decisions about my activities and take some responsibility for my physical and emotional well-being.	EN Personal Awareness & Responsibility
540	I can recognize my strengths and take responsibility for using strategies to focus, manage stress, and accomplish my goals.	EN Personal Awareness & Responsibility
541	I advocate for myself and my ideas; I accept myself.	EN Personal Awareness & Responsibility
542	I am willing to engage with ideas or information that is challenging for me.	EN Personal Awareness & Responsibility
543	I can be focused and determined.	EN Personal Awareness & Responsibility
544	I can set realistic goals, use strategies to accomplish them, and persevere with challenging tasks.	EN Personal Awareness & Responsibility
545	I can tell when I am becoming angry, upset, or frustrated, and I have strategies to calm myself.	EN Personal Awareness & Responsibility
546	I can make choices that benefit my well-being and keep me safe in the communities I belong to.	EN Personal Awareness & Responsibility
550	I recognize my value and advocate for my rights.	EN Personal Awareness & Responsibility
551	I take responsibility for my choices, my actions, and my achievements.	EN Personal Awareness & Responsibility
552	I have valuable ideas to share.	EN Personal Awareness & Responsibility
553	I am willing to explore controversial issues, and I can imagine and work toward change in myself and in the world.	EN Personal Awareness & Responsibility
554	I can set priorities; implement, monitor, and adjust a plan; and assess the results.	EN Personal Awareness & Responsibility
555	I take responsibility for my learning, seeking help as I need it.	EN Personal Awareness & Responsibility

556	I use strategies for working toward a healthy and balanced lifestyle, for dealing with emotional challenges, and for finding peace in stressful times.	EN Personal Awareness & Responsibility
557	I know how to find the social support I need.	EN Personal Awareness & Responsibility
560	I can identify my strengths and limits, find internal motivation, and act on opportunities for self-growth.	EN Personal Awareness & Responsibility
561	I take responsibility for making ethical decisions.	EN Personal Awareness & Responsibility
562	I am aware of my personal journey and reflect on my experiences as a way of enhancing my well-being and dealing with challenges.	EN Personal Awareness & Responsibility
563	I can advocate for myself in stressful situations.	EN Personal Awareness & Responsibility
564	I can take the initiative to inform myself about controversial issues and take ethical positions.	EN Personal Awareness & Responsibility
565	I take ownership of my goals, learning, and behaviour.	EN Personal Awareness & Responsibility
566	I act on what is best, over time, in terms of my goals and aspirations.	EN Personal Awareness & Responsibility
567	I recognize the implications of my choices and consult with others who may be affected by my decisions.	EN Personal Awareness & Responsibility
568	I can identify my potential as a leader in the communities I belong to.	EN Personal Awareness & Responsibility
569	I sustain a healthy and balanced lifestyle.	EN Personal Awareness & Responsibility
610	I am aware of myself as different from others.	EN Positive Personal & Cultural Identity
611	I know my name.	EN Positive Personal & Cultural Identity
612	I am aware of some of my family and/or caregiver relationships.	EN Positive Personal & Cultural Identity
620	I am aware of different aspects of myself.	EN Positive Personal & Cultural Identity
621	I can identify people, places, and things that are important to me.	EN Positive Personal & Cultural Identity
622	With some help, I can identify some of my attributes.	EN Positive Personal & Cultural Identity
623	I can identify objects or images that represent things that are important to me and explain what I like and dislike.	EN Positive Personal & Cultural Identity
624	I can describe my family, home, and/or community (people and/or place).	EN Positive Personal & Cultural Identity
630	I can describe different aspects of my identity.	EN Positive Personal & Cultural Identity
631	I can identify my individual characteristics and explain what interests me.	EN Positive Personal & Cultural Identity
632	I can describe different groups that I belong to.	EN Positive Personal & Cultural Identity
640	I have pride in who I am.	EN Positive Personal & Cultural Identity
641	I understand that I am a part of larger communities.	EN Positive Personal & Cultural Identity

642	I can describe and demonstrate pride in my positive qualities, characteristics, and/or skills.	EN Positive Personal & Cultural Identity
643	I can explain why I make specific choices.	EN Positive Personal & Cultural Identity
644	I am able to represent aspects of my cultural contexts (such as family, communities, school, peer groups) through words and/or images, and describe some ways that I participate in, or am connect ...	EN Positive Personal & Cultural Identity
650	I understand that my identity is influenced by many aspects of my life.	EN Positive Personal & Cultural Identity
651	I am aware that my values shape my choices and contribute to making me a unique individual.	EN Positive Personal & Cultural Identity
652	I understand that my characteristics, qualities, strengths, and challenges make me unique and are an important part of the communities I belong to (including people and places).	EN Positive Personal & Cultural Identity
653	I understand that what I value influences the choices I make and how I present myself in various contexts (including online).	EN Positive Personal & Cultural Identity
654	I can explain how I am able to use my strengths to contribute in my home and/or communities.	EN Positive Personal & Cultural Identity
660	I can identify how my life experiences have contributed to who I am; I recognize the continuous and evolving nature of my identity.	EN Positive Personal & Cultural Identity
661	I can identify ways in which my strengths can help me meet challenges, and how my challenges can be opportunities for growth.	EN Positive Personal & Cultural Identity
662	I understand that I will continue to develop new skills, abilities, and strengths.	EN Positive Personal & Cultural Identity
663	I can describe how aspects of my life experiences, family history, background, and where I live (or have lived) have influenced my values and choices.	EN Positive Personal & Cultural Identity
664	I understand that my learning is continuous, my concept of self and identity will continue to evolve, and my life experiences may lead me to identify with new communities of people and/or place.	EN Positive Personal & Cultural Identity
710	I can be aware of others and my surroundings.	EN Social Awareness & Responsibility
711	I like to be with my family and friends.	EN Social Awareness & Responsibility
712	I can help and be kind.	EN Social Awareness & Responsibility
713	I can tell when someone is sad or angry and try to make them feel better.	EN Social Awareness & Responsibility
714	I am aware that other people can be different from me.	EN Social Awareness & Responsibility
720	In familiar settings, I can interact with others and my surroundings respectfully.	EN Social Awareness & Responsibility
721	I can build relationships and work and play cooperatively.	EN Social Awareness & Responsibility
722	I can participate in activities to care for and improve my social and physical surroundings.	EN Social Awareness & Responsibility
723	I use materials respectfully.	EN Social Awareness & Responsibility
724	I can solve some problems myself and ask for help when I need it.	EN Social Awareness & Responsibility
725	I listen to others' ideas and concerns.	EN Social Awareness & Responsibility

726	I can be part of a group and invite others to join.	EN Social Awareness & Responsibility
727	I can identify when something is unfair to me or to others.	EN Social Awareness & Responsibility
730	I can interact with others and the environment respectfully and thoughtfully.	EN Social Awareness & Responsibility
731	I can build and sustain relationships and share my feelings.	EN Social Awareness & Responsibility
732	I contribute to group activities that make my classroom, school, community, or natural world a better place.	EN Social Awareness & Responsibility
733	I can identify different perspectives on an issue, clarify problems, consider alternatives, and evaluate strategies.	EN Social Awareness & Responsibility
734	I can demonstrate respectful and inclusive behaviour with people I know.	EN Social Awareness & Responsibility
735	I can explain why something is fair or unfair.	EN Social Awareness & Responsibility
740	I can take purposeful action to support others and the environment.	EN Social Awareness & Responsibility
741	I can build relationships and be a thoughtful and supportive friend.	EN Social Awareness & Responsibility
742	I can identify ways my actions and the actions of others affect my community and the natural environment.	EN Social Awareness & Responsibility
743	I look for ways to make my classroom, school, community, or natural world a better place and identify small things I can do that could make a difference.	EN Social Awareness & Responsibility
744	I demonstrate respectful and inclusive behaviour in a variety of settings, and I recognize that everyone has something to offer.	EN Social Awareness & Responsibility
750	I can advocate and take action for my communities and the natural world.	EN Social Awareness & Responsibility
751	I expect to make a difference.	EN Social Awareness & Responsibility
752	I am aware of how others may feel and take steps to help them feel included.	EN Social Awareness & Responsibility
753	I maintain relationships with people from different generations.	EN Social Awareness & Responsibility
754	I work to make positive change in the communities I belong to and the natural environment.	EN Social Awareness & Responsibility
755	I can clarify problems or issues, generate multiple strategies, weigh consequences, compromise to meet the needs of others, and evaluate actions.	EN Social Awareness & Responsibility
756	I value differences; I appreciate that each person has unique gifts.	EN Social Awareness & Responsibility
757	I use respectful and inclusive language and behaviour, including in social media.	EN Social Awareness & Responsibility
758	I can advocate for others.	EN Social Awareness & Responsibility
760	I can initiate positive, sustainable change for others and the environment.	EN Social Awareness & Responsibility
761	I build and sustain positive relationships with diverse people, including people from different generations.	EN Social Awareness & Responsibility
762	I show empathy for others and adjust my behaviour to accommodate their needs.	EN Social Awareness & Responsibility

763	I advocate and take thoughtful actions to influence positive, sustainable change in my communities and in the natural world.	EN Social Awareness & Responsibility
764	I can analyze complex social or environmental issues from multiple perspectives and understand how I am situated in types of privilege.	EN Social Awareness & Responsibility
765	I act to support diversity and defend human rights and can identify how diversity is beneficial for the communities I belong to.	EN Social Awareness & Responsibility